**Churches-In-Homes   Week Beginning 29/08/2021**

**Notices:**

1. **Please continue to pray that the infection rate will keep going down.**

**Church YouTube channel**

If you subscribe to King’s Church St Paul’s Cray YouTube channel, with the option to receive notifications, you will be alerted when a new resource is uploaded.

The link below will take you to the Church YouTube channel.

<https://bit.ly/2BjG1Je>

If you do not have a google account, you will need to find out how you may still subscribe. There are videos that explain how you may do so. Click on the link below to see an example.

<https://youtu.be/wuoCvxnFnlA>

**Title:**  The blessed – The meek

**Texts**: Matthew 5:5

Additional texts: Matthew 22:37-40

**Main points for discussion and practical application**

Meekness is not a description that is well understood in modern times. Meekness in this context is not referring to physical, emotional, or mental deficiency. It is the outworking of the blessed state of being at rest in God, being totally dependent on God. Meekness is “power under control” and is the way such blessed people work out their relationship with all types of people.

Meek people are powerful and yet their “inner strength” is restrained to line up with love and righteousness in their dealings with people. Such people inherit the earth – which has both temporal and eternal manifestations. They are blessed.

Examples of meek people:

Jesus

Moses